SI

Points of Small Intestine Meridian

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手太陽（阳）小腸（肠）經（经，経）穴

SI 1 Shàozé 少澤（泽，沢） 107

Shao : young; ze : marsh.

The point is located on the little finger, just where the Qi of the meridian originates; it is like a small marsh.

A : SI1	Shao-Tze (Young marsh)	F : 1IG	Chao-tsre
B1 : Si1	Shao Tse	J : VI1	Shotaku
B2 : IT1	Shao-ch'e (Shao-tse)	K : SI1	Sot'aek
		V : VI1	Thiếu trạch

SI 2 Qiángǔ 前谷 108

Qian : front; gu : valley.

This point lies in the depression in front of the 5th metacarpophalangeal joint, which is like a valley.

A : SI2	Ch'ien-Ku (Front valley)	F : 2IG	Tsienn-kou
B1 : Si2	Ch'ien Ku	J : VI2	Zenkoku
B2 : IT2	Ch'ien-ku	K : SI2	Chŏn-gok
		V : VI2	Tiền cốc

SI 3 Hòuxī 後（后）谿（溪） 109

Hou : back; xi : brook.

This point lies in the brook-like depression at the back of the 5th metacarpophalangeal joint.

A	SI3	Hou-Hsi (Back stream)	F	3IG	Réou-tsri (Reou-si) (Vallon supérieur)
B1	Si3	Hou Hsi	J	VI3	Gokei
B2	IT3	Hou-ch'i (Hou-hsi)	K	SI3	Hugye
			V	VI3	Hậu khê

SI 4 Wàngǔ 腕骨（骨） 110

Wan : wrist; gu : bone.

The point is between the bones of the wrist.

A	SI4	Wan-Ku (Wrist bone)	F	4IG	Oann-kou de la main
B1	Si4	Wan Ku	J	VI4	Wankotsu
B2	IT4	Wan-ku	K	SI4	Wan-gol (Su-wan-gol)
			V	VI4	Uyển cốt

SI 5 Yánggǔ 陽（阳）谷 111

Yang : Yang of Yin-Yang; gu : valley.

Yang means the "exterior". The seam on the exterior aspect of the wrist, where the point is located, is like a valley.

A	SI5	Yang-Ku (Sunny village)	F	5IG	Iang-kou
B2	IT5	Yang-ku	J	VI5	Yokoku
B1	Si5	Yang Ku	K	SI5	Yang-gok
			V	VI5	Dương cốc

SI 6 Yǎnglǎo 養（养）老 112

Yang : to support; lao : old people.

This point is good for treating geriatric diseases such as blurring of vision, deafness, lumbago, shoulder pain, etc.

A	SI6	Yang-Lao (Nourishing the old)	F	6IG	Iang-lao
B1	Si6	Yang Lao	J	VI6	Yoro
B2	IT6	Yang-lao	K	SI6	Yangno
			V	VI6	Dưỡng lão

SI 7 Zhīzhèng 支正 113

Zhi : divergence; zheng : regular meridian.

The collateral of the small intestine meridian diverges from this point to the heart meridian.

A	: SI7	Chih-Cheng (Supporting the upright)	F	: 7IG	Tche-tcheng (Correction des membres)
B1	: Si7	Chih Cheng	J	: VI7	Shisei
B2	: IT7	Chih-cheng	K	: SI7	Chijŏng
			V	: VI7	Chi chính

SI 8 Xiǎohǎi 小海（海） 114

Xiao : small; hai : sea.

Xiao refers to the small intestine meridian, and this is the He-sea point of the meridian. When the Qi and blood arrive at this point, it is just like water flowing into the sea.

A	: SI8	Hsiao-Hai (Small sea)	F	: 8IG	Siao-raé (Petite mer)
B1	: Si8	Hsiao Hai	J	: VI8	Shokai
B2	: IT8	Hsiao-hai	K	: SI8	Sohae (Yang-Sohae)
			V	: VI8	Tiểu hải

SI 9 Jiānzhēn 肩貞（贞） 115

Jian : shoulder; zhen : upright.

This is the point where the small intestine meridian goes on to the shoulder.

A	: SI9	Chih-Cheng (Chien Cheng) (Shoulder chastity)	F	: 9IG	Tsienn-tchenn
			J	: VI9	Kentei
			K	: SI9	Kyŏnjŏng (Sojang-Kyŏnjŏng)
B1	: Si9	Chien Chen	V	: VI9	Kiên trinh
B2	: IT9	Chien-chen			

SI 10 Nàoshū 臑俞（俞） 116

Nao : muscle prominence of the upper arm; shu : point.

The point is on the upper arm, where the Qi of the meridian is infused in.

A	: SI10	Nao-Shu (Nao locus)	F	: 10IG	Nao-iu (Nao-chou)
B1	: Si10	Nao Shu	J	: VI10	Juyu
B2	: IT10	Nao-yü (Nao-shu)	K	: SI10	Nosu
			V	: VI10	Nhu du

SI 11 Tiānzōng 天宗 117

Tian : upper part; zong : respect.

Tianzong means an important point on the upper part of the body.

A	: SI11	Tien-Tsung (Celestial ancestor)	F	: 11IG	Tienn-tsong
B1	: Si11	Tien Tsung	J	: VI11	Tenso
B2	: IT11	T'ien-tsung	K	: SI11	Ch'ŏnjong
			V	: VI11	Thiên tông

SI 12 Bĭngfēng 秉風（风） 118

Bing : to receive; feng : pathogenic wind.

The point is located at a place where it is easily invaded by the pathogenic wind.

A	: SI12	Ping-Fung (Straight wind)	F	: 12IG	Tchreng-fong (Ping-fong)
B1	: Si12	Ping Feng	J	: VI12	Heifu
B2	: IT12	Ch'eng-feng (Ping-feng)	K	: SI12	Pyŏngp'ung
			V	: VI12	Bình phong

SI 13 Qūyuán 曲垣 119

Qu : curved; yuan : wall.

The spine of the scapula is like a curved wall, and this point is located on it.

A	: SI13	Ch'ü-Huan (Tortuous wall)	F	: 13IG	Tsiou-iuann
B1	: Si13	Ch'ü Yuan	J	: VI13	Kyokuen
B2	: IT13	Ch'ü-yuan	K	: SI13	Kogwon
			V	: VI13	Khúc viên

SI 14 Jiānwàishū 肩外俞（俞） 120

Jian : shoulder; wai : lateral aspect; shu : point.

The point is on the shoulder, slightly lateral to the vertebral border of the scapula.

A	: SI14	Chien-Wai-Shu (Outside of shoulder)	F	: 14IG	Tsienn-oae (Tsienn-oae-chou)
B1	: Si14	Chien Wai Shu	J	: VI14	Kengaiyu
B2	: IT14	Chien-wai (Chien-wai-shu)	K	: SI14	Kyŏnoesu
			V	: VI14	Kiên ngoại du

SI 15 Jiānzhōngshū 肩中俞（俞） 121

Jian : shoulder; zhong : central; shu : point.

The point is on the shoulder and is in the centre of the vertebral border of the scapula.

A	SI15	Chien-Chung-Shu (Middle of shoulder)	F	15IG	Tsienn-tchong (Tsienn-tchong-chou)
B1	Si15	Chien Chung Shu	J	VI15	Kenchuyu
B2	IT15	Chien-chung (Chien-chung-shu)	K	SI15	Kyŏnjungsu
			V	VI15	Kiên trung du

SI 16 Tiānchuāng 天窗（窓） 122

Tian : upper part; chuang : window.

This point is on the neck and indicated in treating otological diseases. Its function is to restore hearing loss, as if a window were being opened.

A	SI16	Tien-Ch'uang (Celestial window)	F	16IG	Tienn-tchroang
B1	Si16	T'ien Ch'uang	J	VI16	Tenso
B2	IT16	T'ien-ch'uang	K	SI16	Ch'ŏnch'ang
			V	VI16	Thiên song

SI 17 Tiānróng 天容 123

Tian : upper part; rong : abundance.

The point is on the head, where the Qi of the meridian is abundant.

A	SI17	Tien-Jung (Celestial acceptance)	F	17IG	Tienn-jong
B1	Si17	T'ien Jung	J	VI17	Tenyo
B2	IT17	T'ien-jung	K	SI17	Ch'ŏnyong
			V	VI17	Thiên dung

SI 18 Quánliáo 顴（顴）髎（髎） 124

Quan : zygoma; liao : foramen.

The point is on the raphe of the zygomatic bone.

A	SI18	Chüan-Lao (Cheek bone)	F	18IG	Tsiuann-tsiao (Tsiuann-liao)
B1	Si18	Chuan Liao	J	VI18	Kenryo
B2	IT18	Chuan-chiao (Chuan-liao)	K	SI18	Kwallyo
			V	VI18	Quyên liêu

SI 19 Tīnggōng 聽（听，聴）宮（宫） **125**

Ting : hearing; gong : palace.

Tinggong refers to the ear. The point is located in front of the ear and is indicated in treating otological diseases.

A : SI19 T'ing-Kung (Listening palace)
B1 : Si19 T'ing Kung
B2 : IT19 T'ing-kung
F : 19IG Ting-kong
J : VI19 Chokyu
K : SI19 Ch'ŏng-gung
V : VI19 Thính cung

BL

Points of Bladder Meridian

Zútàiyáng Pángguāngjīng Xué

足太陽（阳）膀胱經（经，経）穴

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